



CONTACT

+254 724 261 852

winfrednyanchoga.co.ke

REGISTRATION

REGISTRATION NO.
C&P/P/5821/2026

PRACTICE LICENSE NO.
CP1884P26

REGULATOR
Counsellors and
Psychologists Board

QUALIFICATION
B.A. Psychology
and Counselling

PSYCHOLOGY & EDUCATIONAL COUNSELLING

Winfred Nyanchoga

PSYCHOLOGIST

*A safe, confidential space to understand your emotions
and move through life with clarity and balance.*

ABOUT

Winfred Embosani Nyanchoga is a registered Psychologist in Kenya, offering confidential and compassionate psychological care to individuals who want to understand themselves more deeply and navigate life's challenges with greater clarity.

She holds a Bachelor of Arts in Psychology and Counselling and is registered by the Counsellors and Psychologists Board under Section 24(2) and (3) of the Counsellors and Psychologists Act No. 14 of 2014. She practices under a valid practice license issued by the Board, and her work is guided by its professional and ethical standards.

Her practice is grounded in ethical conduct, professional responsibility and deep respect for each person's individual experience and pace. Every session is a private space where you are heard without judgment, and where reflection is turned into small, realistic steps you can carry into daily life.

HOW SHE CAN SUPPORT YOU

Individual therapy · Anxiety support · Relationship care · Stress management · Self-esteem growth · Life transitions · Career support · Study skills

Sessions are available in person and online, at a pace that feels right for you. She is also available for workshops, trainings and speaking engagements.

BOOK A SESSION

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